

DIRECTIONS:

FROM THE WEST: Take the Northwest Tollway (I-90 East) past O'Hare International Airport. Exit at Cumberland Ave. North (79B). Turn right at the end of the ramp, go over the expressway. Turn left at the first stoplight-Higgins Road. The Marriott is ½ block on the left side.

FROM THE NORTH: Take the Tri-State (I-294 South) to I-90 East (toward Chicago **NOT** O'Hare). Exit at Cumberland Ave. North (79B). Turn right at the end of the ramp, go over the expressway. Turn left at the stoplight-Higgins Rd. The Marriott is ½ block on the left side.

FROM THE SOUTH: Take the Tri-State (I-294 North) to I-90 East (toward Chicago **NOT** O'Hare). Exit at Cumberland Ave. North (79B). Turn right at the end of the ramp, go over the expressway. Turn left at the first stoplight-Higgins Road. The Marriott is ½ block on the left side.

Continuing Education Credit

7 LNHA CE hours have been approved by Illinois Department of Professional Regulation

7 RN CE hours have been approved by Illinois Department of Professional Regulation

7 RD LDN CE hours have been approved by Academy of Nutrition & Dietetics (Formerly known as American Dietetic Association)

7 DM CE hours have been approved by Certifying Board of Dietary Managers

Location:

Friday
October 19, 2012
8:00 AM - 4:30 PM
Chicago Marriott O'Hare
8535 W. Higgins Road
Chicago, IL 60631
Tel.#: (773) 693-4444

Cynthia Chow & Associates, LLC
5061 N. Pulaski Road, Suite 300
Chicago, IL 60630

Breaking Through Barriers - Change Is Possible



**CYNTHIA CHOW
&
ASSOCIATES, LLC**

Presents an
Educational Seminar

OBJECTIVES

PROGRAM

RETURN REGISTRATION FORM TO:

Cynthia Chow & Associates, LLC
5061 N. Pulaski Road , Suite 300
Chicago, Illinois 60630
Tel. (773) 539-8181 * Fax (773) 539-0039
Website: www.cchowandassoc.com

At the conclusion of this seminar, participants will:

- Understand best practices for honoring the residents’ choices. Learn how to shift from professional control to creating an environment of self-directed living. Be able to describe “new negative outcomes”.

- Understand the impact Federal legislation will have on referrals from hospitals to long-term care facilities. Identify potential patients at highest risk for hospital readmission. Recognize the importance of nutritional interventions in reducing hospital readmissions.

- Know how to address the difficult behaviors seen in dementia without relying on antipsychotic drugs. List strategies for better communication with persons with dementia. Identify possible causes of difficult behaviors and their impact on the resident’s nutritional status. Be able to experience the world of the demented person.

- Differentiate between personal power verses positional power. Identify circuit breakers of our personal and professional power. Define the different types of power and when to use them. Learn what kind of power messages we send.

- Be prepared for the new Quality Indicator Survey process scheduled to begin 2013 in Illinois. Understand how dietary and nutrition issues are triggered and investigated with the QIS process.

Morning Session:

8:00 - 8:30	Registration/Coffee/Exhibits
8:30 - 8:45	Welcome & Introduction of Contributors Ann Engles, RD, LDN Vice President - Coordinating Dietitian Cynthia Chow & Associates., LLC
8:45 - 10:00	What’s Your Dining Pleasure! The Deep Seated Issue Of Choice Linda Bump MPH, RD, LNHA Culture Change Consultant for Action Pact
10:00 - 11:15	Reducing Hospital Readmissions Through Nutritional Interventions Mary Ellen Conway RN, BSN President Capital Healthcare Group, LLC
11:15 - 11:45	Coffee Break/Exhibits
11:45 - 1:00	Dementia Beyond Drugs - Non-Pharmacological Behavioral Interventions Greg Kyrouac, MS Ed Director of Education & Outreach Programs SIU School of Medicine
1:00 - 2:15	Lunch Break/Exhibits ***

Afternoon Session:

2:15 - 3:30	Don’t Give Away Your Power! Empower Your Team Dian Anderson President Anderson Coaching & Training
3:30 - 4:30	Are You Ready For The New Quality Indicator Survey? Gregg Brandush JD MS BSN CMS State Leader for Illinois

One person per registration:

Name: _____
 Title: _____
 Facility: _____
 Address: _____
 City/State/Zip: _____
 E-mail: _____
 Work #: _____
 Cell #: _____
 Method of Payment:
 _____ Check or Money Order
 _____ American Express
 _____ Discover Card
 _____ MasterCard
 _____ Visa
 Credit Card #: _____
 Exp. Date: _____

Online Registration: www.cchowandassoc.com

Make Check/Money Order Payable to:

Cynthia Chow & Associates, LLC

Registration:

(lunch, seminar materials & parking included)

\$110.00 (if received by October 14, 2012)

\$120.00 (after October 14, 2012)

Student Fee: \$85.00 (valid ID required)

*** On-site registration available at \$120.00 ***

Check if Kosher meal is desired.